



**Tina's
Dance
Studio, Inc.**

2024-25 FALL/WINTER WELCOME PACKET
Celebrating 37 years of excellence in dance education!!!

Welcome to TINA'S DANCE STUDIO, INC.! Thank you for choosing us to guide your children in exploring the wonders of dance, tumbling and gymnastics. Ballet, tap, jazz, and other forms of dance are excellent ways to develop or maintain alignment, mobility, coordination, flexibility, and creativity. In addition, it teaches our youth confidence, strength, discipline and determination. We are proud to have some of the most qualified & professional instructors in the Quad Cities! We want everyone to feel comfortable at the studio, so please take the time to look over all of the following information as it should answer any questions that may come up. You should keep this packet in a safe place for future reference. **NOTE: All registrations are accepted online by going to our website!**

The first of each month you should login to your account & pay your tuition balance with a card & the option to set up auto pay! A monthly newsletter will be emailed, which always contains important dates and information. Please note that all tumbling & gymnastics students should use those separate entrances for class, and pay tuition online as well. One parent or caregiver may watch dance classes through the observation windows at any time. As a courtesy, please leave room for others to watch as well. One parent is also welcome to sit in on tumbling & gymnastics classes once a month as long as there are no distractions! Please do not bring food or drink into our facility! We only allow water bottles and a small snack that can stay in dance bags. All students (with the exception of combo. classes) should hang their dance bags on the provided hooks. Please note the entrance & exit signs for each dance studio. Regular attendance for the students is very important, especially before a performance. Please call or email in advance if your child is sick and is unable to attend. No student should attend if running a fever or having symptoms. Classes may be made up in a similar level. Please notify the front desk in advance at 563-285-2222 or email:
tinadancestudiofrontdesk@gmail.com

CLASSES BEGIN THURSDAY, SEPTEMBER 5.

PERFORMANCES...

Once again this year, we will be presenting the annual **HOLIDAY SPECTACULAR** at the North Scott High School Fine Arts Auditorium on **December 14** (subject to change). This is a charity event that is held to raise money for the Make-a-Wish Foundation. All classes will take part in the performance with the exception of ballet classes, and level IV, V & VI students. All of the girls will wear the red TDS top (\$35) with solid black booty shorts & tan tights that must be purchased at the studio. Boys should wear the red TDS Bros shirt \$20 with black pants. These same outfits are then used for the NS Homecoming parade and summer parades, as well as spring recital for ALL tumbling & pom classes!

Spring Recital Production 2025 is tentatively scheduled for **May 30 & 31** at North Scott High School Auditorium in Eldridge. Students will have costumes ordered for them to fit the theme of the show. These costumes run anywhere from \$70.00 to \$89.00 **You will make \$25 payments on costumes (per class) the first week of September - November with the remaining balance (if any) due the first week of December.** *Please Note: there are no refunds or credit on tuition, dancewear or costumes! No Exceptions - thank you for respecting our policy.* Both of these performances are a wonderful way for the students to showcase what they have been working on in class, with the holiday show preparing them for the BIG recital. Spring Recital tickets will be approximately \$15 a person for reserved seating. *Gymnasts have their end-of-year event in our Gym: GYMNASTICS FANTASTIC! Follow us on Facebook & Instagram, plus we have a private TDS Parent FB group for added reminders, etc.

www.tinadancestudioinc.biz

CLASS DESCRIPTIONS & SHOE REQUIREMENTS

(Levels are not necessarily determined by age, but also by experience, ability and maturity!)

TINY TOT COMBO - This is a fun-filled combination class designed to introduce beginner students ages 3-4 to ballet, tap and story time. In addition they learn creative movement and take part in activities that promote balance, coordination, and discipline. This class is 45 minutes and it meets once a week. Students are required to have tan buckle tap shoes (\$28.00), and pink ballet shoes (black for boys) for \$18.00.

TODDLERS & TUTUS - Two year olds want to dance too!! This smaller sized class is designed to introduce little ones to the art & creative movement of ballet dance. Pink ballet shoes are required. (\$18.00)

TUMBLE TOTS & PRE-K - 30 minutes of tumbling fun! Ages 2-5 are welcome to join in on building strength, coordination, and creativity skills. Students go barefoot for this class in the tumbling center! **PRE-SCHOOL & KINDER TUMBLING TOO!**

BEG. COMBO - This class is the next step after Tiny Tots, it is designed for beginner students at the approximate age of 5 or 6. In addition to learning tap and ballet, the students are also introduced to jazz dancing. It is 60 minutes long, and meets once a week. Students are required to have tan buckle tap shoes (\$28.00) and pink ballet shoes for the girls, and black for the boys (\$18.00).

LEVEL I COMBO - This class is designed for the beginner student ages 6-9. The 60 minute class concentrates on technique in ballet, tap, and jazz. It helps to build a well-rounded dancer at the beginner level. Students are required to have pink ballet shoes (\$18.00) and tan buckle tap shoes (\$28.00), black for boys. **ALSO: BALLET/TAP I COMBO. & JAZZ/HIP HOP I COMBO.**

BALLET / POINTE

Ballet is the base foundation of all other dance styles, therefore it is highly recommended in order to build a strong dancer. The class concentrates on technique, body placement, flexibility, leaps, and turns. Dancers are invited to begin dancing on pointe at the age of 12 and with at least 2 years of ballet training. Not all foot types are meant for pointe work, and therefore it is the decision of the teacher. Level I students must have pink full sole ballet shoes (\$18). All other ballet students are required to have pink split sole ballet shoes (\$21.00) Students who are invited to go on pointe will be scheduled for a fitting & shoes start at \$78 plus accessories.

TAP

Tap classes are an exciting way to learn rhythm and timing to music, in addition it teaches discipline, exercise, and allows students to create new sounds and rhythms to go with the music. All students need the specific tap shoe styles designated, please note - level I: tan buckle taps \$28 level II - III: tan jazz taps \$50 level IV - VI: black jazz taps (\$50 - \$85)

JAZZ

All the jazz classes include the instruction of several different styles including classical, funk, and modern. Ballet classes are strongly recommended, but not required (with the exception of Jazz VI). All jazz students are required to have tan "laceless" canvas Bloch jazz shoes (\$46).

GYMNASTICS/TUMBLING - CHEERLEADING & ACRO

Tumbling classes include techniques and passes across the mats, as well as running tricks that build up to flips & aerials. It is a challenging way to build strength, muscle tone, balance, control, and flexibility. All tumbling students go barefoot for classes that meet in the tumbling center. Cheerleading is available for age 6 & up and Acro is for experienced dancers ages 8 & up who also tumble! ALL-NEW GYMNASTICS CENTER!! All age & skill levels available for your child to "learn the ropes" with their favorite gymnastics equipment such as uneven bars, vault, balance beam and more!

*** Tumbling & Gymnastics age levels are determined by skills they have mastered and "passed" for ages 6 & up**

BEG. POM / RED HOTS DANCE TEAM

This class is an exciting and energetic way to prepare girls for cheerleading and the precision & skills of dance team. Students are required to take jazz, and special order red poms must be purchased for \$38. All classes wear the tan jazz shoes except beg. Pom: they should wear clean white tennis shoes.

LYRICAL

This class is designed for ballet students in level I and up. It is a style of dance used to interpret music by telling a story with movement and emotion. It requires strong ability in leaps, turns, extensions and flexibility. Students are required to have tan canvas jazz shoes. (please note that lyrical students must also be enrolled in ballet)

HIP HOP

This class focuses on all of the latest moves in street dance as seen on tv and music videos. Jazz class is required with the exception of Boys & Hip Hop Kidz for ages 4 - 6. All hip hop classes will wear white tennis shoes for class.

HIP HOP COMPETITION CREW Try outs for the TDS Hip Hop competition crew are held each summer for ages 6 & up! These dancers must be enrolled in a jazz or combo class, as well as hip hop class.

CONTEMPORARY / KONTEMPORARY KIDS

Modern is a mode of dance born out of rebellion to express oneself in a way other than through classical ballet. It's an explosion of movement out of a proper and codified system. It allows a different means of expression and style that helps serious dance students become more versatile in their many studies of dance training. Contemporary style is a twist on ballet, lyrical, modern & jazz. It's a favorite for dance audiences around the world! This class is highly recommended for serious students in ballet II, III, IV, V & VI! Students may go barefoot or wear "half-soles". (for recital and performance they wear tan jazz shoes)

MUSICAL THEATER

This educational opportunity is available to students enrolled in ballet, tap & jazz. Each month or so, the class will study a specific Broadway show or movie. Then they will learn bits and pieces of the choreography from that show. Each chosen show will be age appropriate and who knows what might happen – acting, singing, dancing – all packed into one class! (tan canvas jazz shoes)

LEAPS & TURNS

This class is designed for the serious ballet student who wants to increase their number of pirouettes & foutes, and the height of their jets! The drills and exercises are always put to upbeat music and we really get the adrenaline pumping!

AUSTARS! This class is exclusively for children with Autism who love having the freedom to move and dance to music! Miss Crystal and her assistant adapt to the needs of each child making it a very unique experience designed just for these kids!

DIVA DANCE CO. / DREAM DANCE CO. Auditions will be held in January for students in level one and up including the MINI DANCE CO. introducing younger students to the competition world!

DYNAMIX Try-outs are held each summer for this new competitive dance team designed to prepare middle school children for high school dance team! Only 6th, 7th and 8th graders with dance experience are eligible. ALSO! Mini Dynamix Team for littles!

BABY DIVAS!! recently new! Summer students ages 4 - 5 have the opportunity to be part of this "little bitty" competitive group with limited performances, local competitions & a super fun time of growing & learning together!

PRIVATE LESSONS -

These lessons are scheduled individually for students who have been training in dance and/or tumbling for a long period of time, and have shown great potential to compete with the Diva Dance Co. They meet with the designated teacher every week for 30 minutes in order to learn a routine for competition or pageant purposes only. Tuition is \$37.00 for a 30 min. lesson OR \$27 each for a duet/trio or small group. These students must be enrolled in regular classes too. (please note: you may also schedule a private lesson for extra help)

COMMON QUESTION: What classes should my child take to prepare for competition or dance team try outs? Ballet technique is extremely important, as well as core classes (tap & jazz) and lyrical, leaps & turns, "RED HOTS", hip hop & tumbling skills. Musical Theater helps with acting & facial expression too! Take advantage of taking 6 classes & the rest are free!! This builds a very strong & versatile dancer that is interested in taking their training to the next level!!

TUITION RATES:

30 min. classes : \$42 a mo. 45 min. classes : \$44 a mo. 60 min. classes : \$46 a mo.

75 min. classes : \$48 a mo. 90 min. classes : \$50 a mo. All Gymnastics : \$50 a mo.

(7% sales tax must be added to tuition & dancewear)

LUCKY SEVEN! *Students enrolled in 7 classes receive ALL additional classes free!!

**There is a 10% family discount if you enroll 2 or more children!*

Your **discounted** tuition is due **BEFORE** the **5th** of each month, otherwise the \$5.00 administration fee is added to your total amount which will go on your card. The monthly tuition remains the same regardless of how many classes are held that month (classes are cancelled due to holidays or severe weather conditions). Students may make up a class in another similar level, this should be worked out with the instructor prior to. Classes are not "pro-rated", there are no exceptions! Please call or email when a student will be absent. All tuition & fees are paid online www.tinasdancestudioinc.biz We highly recommend that you choose the "**AUTO-RECURRING**" option for your payments so that you never have to worry about being late. There is a \$20 charge on all returned checks. If tuition payments are not being made, the computer automatically shows an opening in that class, and then the waiting list is referred to. Please note that there are absolutely **no refunds** or credit on tuition or dance wear at any time under any circumstance! Thank you for your cooperation!! **WITHDRAWAL POLICY** - you **MUST** send an email request **BEFORE** the 20th in order to not be charged for the next month. All class times/instructors are subject to change. Let's have another excellent dance & tumbling season at TDS! 37 years!!

LINK TO REGISTER ONLINE:

<https://app.thestudiodirector.com/tinasdancestudioinc/portal.sd>

QUESTIONS? CONTACT <mailto:tdscystal@gmail.com> <mailto:tdsavannah@gmail.com>

ABOUT THE ARTISTIC TEAM...

Crystal Winston - ARTISTIC DIRECTOR: Miss Crystal has been teaching for over 25 years and has many years of competition and performance experience. As a young dancer she toured the East Coast as a "Caravan Kid" with Hctor's Dance Caravan, did the intensive dance program at STEPS on Broadway and Broadway Dance Center in NYC. She graduated from the University of Iowa with a Bachelor's Degree in Dance and an Entrepreneur Certificate in Business. For the past 20+ years she has taught all levels of ballet, pointe, modern, jazz, tap, contemporary, tumbling and creative movement. She has taught at various dance schools across the state of Iowa including the University of Iowa Dance Forum. Crystal is also a certified pilates & zumba instructor. In addition to teaching, she has also choreographed for local dance teams, county pageants and community theaters. She has been recognized across the nation for her innovative choreography & teaching skills including top choreography awards. This is Crystal's 19th season at TDS and she proudly directs and oversees the entire program!

Savannah Roseman - STUDIO MANAGER: Miss Savannah graduated from Iowa State University where she was on the National Championship Cyclone dance team. Before that she was on Davenport West High School Dance Team and she currently works full-time at Crow Valley as their Event Director. We are pleased to have her experience and expertise on our team. Her competition choreography has won high honors & top awards this past season! Miss Savannah is pleased to be Crystal's right-hand girl in managing our program!

Nia Trent has trained in tap, ballet, and jazz for over 10 years in the Quad Cities. She competed and danced with a senior dance company while she was in high school. She has taught and trained at Tina's Dance Studio for twenty years and is a former head coach for the NS Dance Team. Miss Nia holds a degree from Western Illinois University. Kids love her!

Michelle Kabel has been on our staff for nineteen years. In college she was a member of the *Orchesis Dance Company* for four years. She was also an instructor for the *Young People's Theater* group. As a student she was rewarded and recognized for the *Karen Webb Ballet Award*. Michelle attends dance workshops & seminars. She graduated from the University of Northern Iowa with a bachelor's degree in marketing with an emphasis in management. She works at the Rock Island Arsenal & loves teaching!

Patty Berryman has over 20 years of teaching experience in the dance & tumbling field. She was a goldduster at Bettendorf High School as well as cheerleader. She was a competitive dancer & gymnast in her youth and was recognized with numerous awards & scholarships such as Steps on Broadway in NYC and Louisberg College in North Carolina. She was the dance team coach at North High School and has an Associate Degree in Nursing Science. We love Coach Patty!

Savana Martensen has many years of dance training and has been teaching for 20 years. She attended Dance Masters of America Teacher's Training School at Buffalo University in NY and has interned at Disney World. She was a member of the Diva Dance Co. in her younger years and is a TDS alumni as well! She attends dance workshops & seminars to continue her education in dance. She graduated from Scott Community College with a diploma in Dental Assisting and she loves to teach young dancers at TDS!

Allie Cahill has over 17 years of dance experience and has taught at TDS for 9 seasons of summer classes and we are thrilled to have her on our fall faculty again this year! She recently graduated with a teaching degree from the University of Iowa and is a brand new teacher in the Pleasant Valley School District. Allie was a competitive dancer in the Diva Dance Co. and she was on the NS Silver Shaker Dance Team serving as Captain during her senior year. She has a unique way of communicating with young dancers & they love her just as much as we do!!

Amy Machalek has been teaching tumbling & gymnastics for 37 years all over the Quad Cities, Muscatine, Iowa City and Michigan. She is a certified USA Gymnastics Instructor with additional training in safety & risk management, developmental competitive coaching and evaluator. Coach Amy's years of experience in addition to her disciplined commitment to technique is a huge asset to our tumbling program at TDS! Your child will get so much out of her classes, week after week!

Emily Witherspoon trained at TDS for many years as a young dancer & gymnast. Since then, she graduated from Western Illinois University, coached high school dance team and now high school cheerleading! She brings with her years of experience & expertise in the tumbling world, and we are pumped to have her skills and energy in our Tumbling Center! She is an elementary teacher & coach!

Renee Clearman trained as a dancer for many years and has experience as an instructor, choreographer and studio manager! She is certified on many different levels and teaches our younger classes as well as managing our front desk area. Miss Renee loves the Art of Dance and is pleased to be part of our TDS faculty, to share her passion with our kiddos!

Tina Johnson is no stranger to TDS and grew up dancing here for 20 years, plus teaching! She is thrilled to share her years of experience with instruction, choreography, leadership, etc with our younger students, and we love having her here!

Taylor Millis recently joined our faculty and brings with her years of experience in teaching, coaching, performance & choreography! She is thrilled to work with intermediate level dancers while she continues to work on her teaching degree through the U. of Iowa!

Ciara Klinghammer was on the St. Ambrose University Dance Team and currently coaches Davenport North High School Dance team. Additionally, she is a professional photographer. Miss Ciara is pumped to be on our faculty to work with our students!

Ellie Allen is pleased to be back in class with our dancers training in ballet, pointe & lyrical! She was born and raised in Brazil where she earned her Teaching Degree. You can also find Miss Ellie choreographing for Spotlight Theater and treating us to some Salsa classes!

Lexee Brooks is new to our faculty after years of training and coaching tumbling & cheerleading! She is ready to share her knowledge and experience and looking forward to helping our students grow and build on their progress in class!

Cyndie Johnson is no stranger to TDS and has decades of experience coaching tumbling, gymnastics & dance team! We are pleased to have her on faculty and coaching in the Gymnastics Center this season!





STUDIO RULES, GUIDELINES & POLICIES:

- **DRESS CODE:** A student must wear proper dance attire to class including a solid color leotard, tights & required shoes. There are no exceptions! Students will not be allowed to participate if they are not dressed appropriately. **Please note:** pink tights are required for ballet class & cover ups are not allowed in tumbling! They must also wear solid color leotard or two piece outfit - please no skirts/tutus.
- Hair must be securely fastened back. Buns are required for ballet class & hair may be down for hip hop classes. Personal hygiene is very important for dance & tumbling classes.
- Please use the restroom before & after class. Do not go into the studio until your instructor has called for your class. Note the entrance & exit to each studio.
- Put your name on your shoes, poms, bag, etc. Please use the provided hooks for hanging your bag & jackets. No running in the hallway & please do not tap dance on the tile.
- If a student is injured they must have a note from a parent or doctor to not participate in class.
- Please pick up after yourself in the hallway & lobby area. Only studio staff are allowed behind the front desk & in the teacher's lounge.
- Lost & found is located near the front desk in a big black basket. Items not claimed at the end of each month will be donated to Goodwill.
- Keep hands off mirrors, stereos, cds and anything that isn't yours. Please do not touch or press face against observation windows.
- It's important that students arrive to class on time. Warming up is very important & if you miss it you shouldn't take class.
- Complete respect for the staff and total politeness to other students is expected from EVERYONE. Students have no access to the Teacher's room, it's a private area.
- Please do not interrupt the instructor during class by having a conversation with others. You will be given a warning & then dismissed from class. Absolutely no food or drink in the studios or tumbling center!
- As a courtesy to others, please keep the noise level to a minimum in the hallway & lobby area. Please refrain from "parent gossip" and/or negativism. If you have a question or concern, please contact Miss Tina by email. tjlindle@aol.com
- Negative attitudes will not be tolerated. We will succeed by staying positive and having a cheerful atmosphere!
- Attn. Parents & Students: absolutely no charging to your account. Dancewear items must be paid for in full before leaving the studio. The staff is not allowed to "hold" items for you. Absolutely NO REFUNDS on tuition, dancewear or costumes.
- **THANK YOU FOR YOUR LOYALTY, SUPPORT & COOPERATION TO OUR PROCEDURES AT TDS! We appreciate you being part of our tumbling and dance FAMILY!**





FALL WORKSHOP
SUNDAY, SEPTEMBER 22
Waterfront Convention Center
Bettendorf, Iowa \$60 ages 6 & up

**TDS company dancers are automatically being registered, all others, please contact Miss Crystal to be added!*